

Achieving Outcomes

By providing these services, it is the intention of Health Solutions to achieve the following outcomes:

- Improve behavioral health for both the child and their family
- Reduce behaviors that require community interventions
- Improve school behaviors & performance
- Provide help in securing community assistance, if needed
- Improve family communication & dynamics



Medicaid Residential Evaluations

Residential evaluations can be completed by home-based clinicians when requested directly from the legal guardian for a child under 18. Children who are referred for a residential evaluation will take part in an assessment to determine if they are eligible to go to a residential facility in Colorado. Medicaid residential evaluations must be initiated by the parents/guardians of the child/adolescent.

Home-Based Services Referrals

Home-Based Services have a referral form that needs to be completed and submitted by the child's case manager, therapist, or medical professional. The referral will be reviewed by the Home-Based Services team and takes approximately 2 weeks. Home-Based Services' clients and families will be seen on an intensive, temporary basis two to three times a week for 6-12 months. Families in need of Home-Based services may be added to the Home-Based Services' waitlist if caseloads are at capacity.

Health Solutions provides behavioral health services at no cost to Health First Colorado members.

These members may be charged a co-pay for medical services. Please ask our support staff for more details.

Our service promise is Hope. Health. Together.



Health Solutions Youth and Family Services

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Our Youth and Family Home-Based Services



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Home-Based Services are community-based services designed around the specific needs of the client and client's family. Health Solutions Masters-level Therapists offer case management and child-family centered, strength-focused, and evidence-based therapies in the home or community. Home-Based Services can assist with any of the following:

- Stress
- Anxiety
- Depression
- Trauma
- Suicidal ideation
- Aggressive behaviors
- Bullying or being bullied
- Excessive school absences
- Difficulty with school work
- Family dysfunction
 - Improve family communications
 - Improve child-caregiver relationships
 - Out of control child & adolescents
 - Child/adolescents running away
 - Parenting techniques



Therapy should take place in the most secure environment possible to create an atmosphere conducive to sharing and healing. For those unable to seek therapies outside of the home, Health Solutions offers the convenient option of Home-Based Services.

Home-Based Services are designed to prevent a higher level of care, focusing on keeping the youth at home or returning them to parents or caregivers.

Services include:

- Evaluating and monitoring children in residential treatment
- Hospital discharge planning
- Implementing High Fidelity Wraparound to meet the youth's needs
- Multisystemic Therapy (MST) Services, when appropriate

Our Home-Based Services also allows our licensed therapists to observe problem behaviors in the child's natural environment.

Clinicians are able to provide individual and family therapy (when appropriate) while at the home.

High Fidelity Wraparound is a process used to improve the lives of children with complex needs and their families. This intensive process aids at-risk families who are involved in multiple system agencies. It gives an opportunity for families to develop their own plan of care that is based on their own unique strengths, needs, and culture.

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